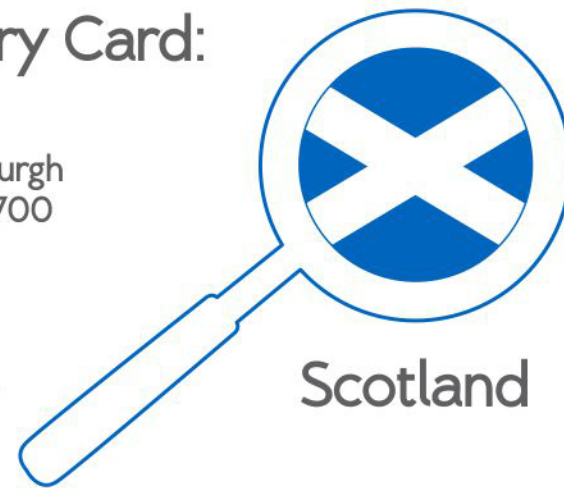




Physical Activity Country Card: Scotland

Capital ----- Edinburgh
 Inhabitants (2013) ----- 5,327,700
 Life expectancy, UK (2012) ----- 82
 GINI inequality index (Scottish Government, 2012/13) ----- 0.34
 Human Development Index, UK (2013) ----- 0.892
 Literacy rate, UK (CIA World Factbook 2003) ----- 99%
 Deaths by NCDs**, UK (2014) ----- 89%



Deaths related to physical inactivity

» 16.9% of all deaths in UK are due to inactivity.



Surveillance and policy status

Physical activity plan

Yes No

» Name: A More Active Scotland (2014).

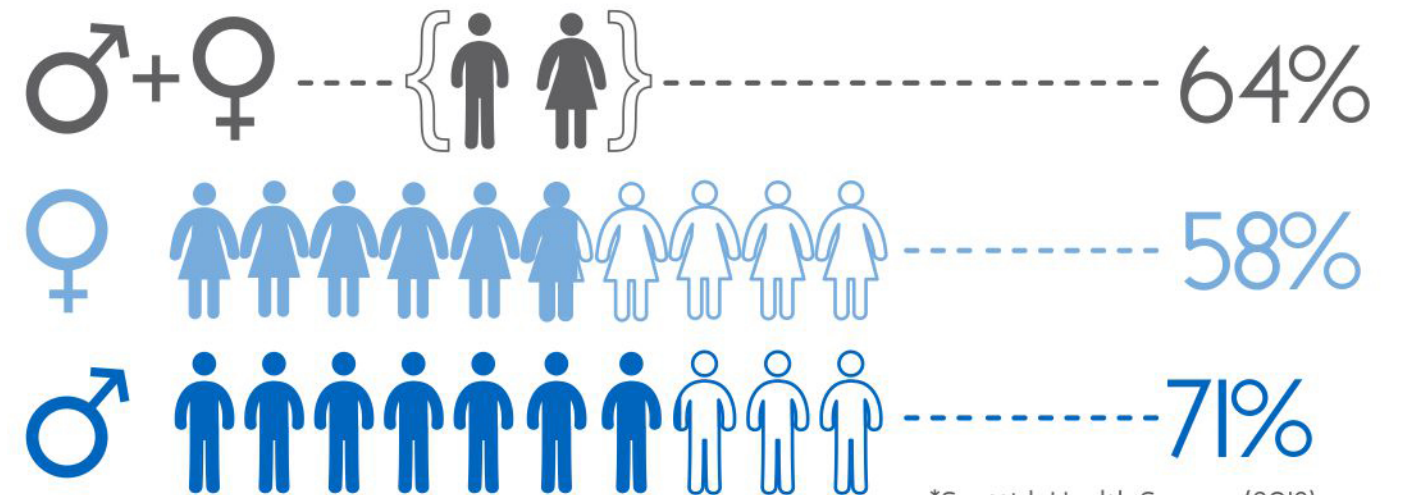
let's make scotland more active
 A strategy for physical activity
 Physical Activity Task Force



National survey

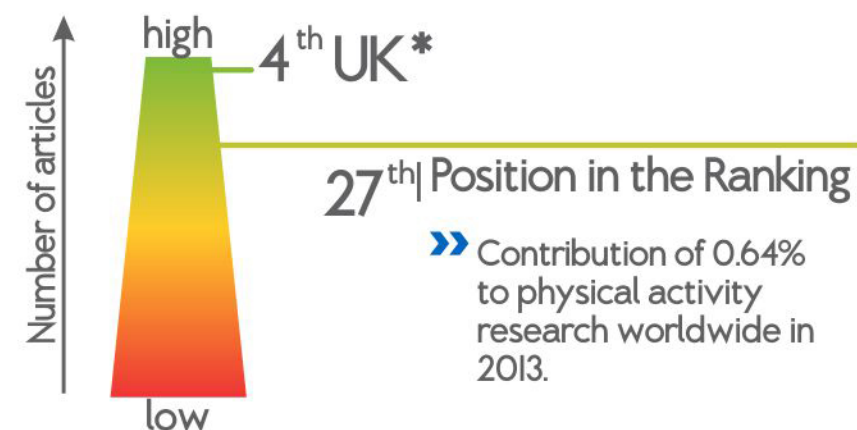
Yes
 No
 First survey: 1995
 Most recent survey: 2013
 Next survey

Prevalence of Physical Activity | Age 16+ years*



*Scottish Health Survey, (2013)

Research metrics (PubMed search in 2013)



» Contribution of 0.64% to physical activity research worldwide in 2013.

For description of the indicators and data sources:
www.globalphysicalactivityobservatory.com/appendix

Icons by Freepik

* If United Kingdom as one country were included in the ranking it would be in the 4th position. Much of the research conducted in England, Scotland, Wales and Northern Ireland crosses the borders for funding, collaboration and dissemination.

** Non-communicable diseases

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